ALWAYS AVAILABLE

STARTERS

Caesar Salad | **Garden Salad** CF, GSF, LF, LSOA

Add Blackened or Grilled Chicken, Shrimp, or Salmon

Trio Salad CF

Scoop of Egg, Chicken, and Tuna Salad on a Bed of Field Greens

Cottage Cheese Plate CF, LF | **Yogurt Plate**

Served with Fresh Cut Seasonal Fruit

HAND HELDS

Ham | **Turkey**

Chicken Salad | **Egg Salad** | **Tuna Salad**

Hamburger | **Turkey Burger** | **Hot Dog** | **Grilled Chicken**

Topped with Your Choice of Lettuce, Tomato, Onion

ENTRÉES

Chicken CF, LF, LSOA | **Salmon** CF, LSOA

Shrimp CF, LF, LSOA | **Petit Filet** CF, LF, LSOA

Grilled or Blackened

Fish & Chips

Lightly Battered and Fried Cod, Served with Fries

SIDES

Baked Potato GSF LF, LSOA

Baked Yam GSF LF, LSOA

Sautéed Spinach CF, GSF, LF, LSOA

Coleslaw

Vegetable of the Day CF, GSF, LF, LSOA

French Fries

Sweet Potato Fries GSF

Onion Rings

CF | Carbohydrate Friendly | GSF | Good Source of Fiber | LF | Low Fat | LSOA | Low Sodium Option Available

We remind you that consuming raw or undercooked meats, seafood, or eggs may increase your risk of foodborne illness.
Please be aware that we handle and prepare egg, milk, wheat, shellfish, fish, soy, peanut, tree nut, sesame, and other potential allergens in the food production area.
Nutritional information may vary based on ingredient substitutions or modifications.
If you have any questions regarding allergies or special dietary needs, please discuss them with the dining room manager.

The Cabana
AT JENSEN DUNES®

AL12879