

Different Needs but

GOAL

Can couples with different care needs thrive together in the same assisted living community? You bet they can!

Whether cherishing many years together or enjoying new-found companionship, all relationships experience change. As time passes, one partner may need more support and depend on the other differently than they once did. Depending on the level of need, the role of partner can quickly evolve into that of caregiver. Caregiving can often be physically and emotionally taxing, making it hard to enjoy the happy moments once shared, leaving the caregiver feeling weary and helpless. But it doesn't have to be this way.

Even as needs change, couples still desire to remain together, live a vibrant social life in a spacious home, and enjoy the peace of mind of knowing they are cared for. But that isn't always easy when one needs more support than the other. That's where assisted living communities shine and can be a great solution to turn these desires into attainable realities. Communities like The Cabana

at Jensen Dunes in Jensen Beach, FL, boast a bustling, energetic atmosphere, feeling more like an independent living community where couples of varying levels of need thrive. At The Cabana, couples discover a place where they



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can find fulfillment together and rediscover the simple joys of life, in two-bedroom apartments, rare in assisted living communities, which provide room for an office, a hobby room, or even separate bedrooms. This thoughtful design fosters independence for the partner requiring more

assistance while allowing the other to return to being a loving companion, not just a caregiver.

Deirdre Murray, Director of Sales for the Cabana, shares, "When couples move to our community, they regain flexibility, freedom, and their appetite for life. We see it over and over again. The community provides the support necessary to allow the caregiver to resume the role of spouse and friend without the stressors of providing care and cooking every meal." She adds, "This environment is fulfilling



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When it comes to dollars and cents, the cost of caring for a loved one at home can far exceed the cost of living in an assisted living community. The amount needed for private duty care, even for a few hours a day, paired with everyday living expenses like utilities, meals, transportation, security, and other activities, is often more than the monthly fee to live in a community where these items are included. Residents also receive invaluable benefits like an improved overall lifestyle and peace of mind for themselves

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and their loved ones. Many find moving into an assisted living community re-energizing, leaving the worry and stress of caregiving behind and once again focusing on their own well-being, the things that bring them joy, and being among other like-minded individuals. With so much taken off their shoulders, many couples find that they can focus on their relationship again and enjoy time together.

“At The Cabana,” adds Deirdre, “we have a lot of couples. For those with differences in their levels of need, the support of the community lessens that gap so they can continue to enjoy their lives together and also individually find fulfillment. Some think moving to an assisted living community means you live less, but here, we live *more!*”

To learn about all the benefits of assisted living and The Cabana at Jensen Dunes, give us a call at 772-932-5651 or visit us online at JensenDunes.com.



The Cabana
AT JENSEN DUNES®

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